



CFUW St. John's Newsletter September 2013

Website: www.cfuwstjohns.org



President's Message

Welcome to a new CFUW year! I trust that you have all had a wonderful and enjoyable summer and are relaxed, refreshed, and ready to start a new year of CFUW activities!

Our first meeting of the year will be our annual CFUW St. John's Open House on Saturday, September 14th. This is a wonderful opportunity to reconnect with those you haven't seen since June, to sign up for various interest groups and committees, and, of course, to renew your membership for 2013 -2014. One of the purposes of the Open House is to promote CFUW St. John's and raise our visibility in the community and increase our membership by encouraging new members to join. Please bring along a friend (or several – there's lots of room!) so they can see what we are all about, meet our members, and then join CFUW St. John's so they can participate in this year's activities.

The Program Committee has worked through the summer months on your behalf to prepare an interesting and informative series of speakers and dinners and an outing is being planned for the end of the year. We have speakers and activities that we hope reflect your interests and purpose as

members of CFUW.

As you read through the rest of this newsletter please note the articles which provide you with information about the coming year. There is a new interest group for you globetrotters. Be sure to sign up for that. We will also be putting a concerted effort to work on our club history and will need committee members to help with research. We will also be planning and organizing some projects in support of the CFUW national initiative, *Preventing and Responding to Violence against Women and Girls*. You can make a contribution by signing up for the Issues and Resolution Committee. Please make the most of your membership - be involved in activities that interest and challenge you and encourage others to do the same.

I'm looking forward to seeing you all at the Open House in September!!

Barbara Clancy
President, CFUW St. John's



2013 AGM and Conference

July 11 – 14 Saskatoon, SK
Living Skies ~ Women Soar

I represented CFUW St. John's at the 2013 AGM and Conference in Saskatoon and found it to be a very inspiring and educational experience. The conference was very well organized and, from the observer's point of view, ran very smoothly. The members of CFUW Saskatoon were very gracious and helpful hosts during the three day conference. Well done, CFUW Saskatoon!! Other members of CFUW St. John's in attendance were Grace

Stapleton, Chair of the National Nominating Committee, and Grace Hollett, RD for NL.

THURSDAY, JULY 11 After I arrived and checked in to the Sheraton Cavalier Hotel, I registered for the conference and picked up our voting credentials. The number of votes a club is entitled to is based on club membership. With 95 members, we had 4 votes (1 vote for 25 members or a major fraction thereof). After a delicious dinner at the Spadina Freehouse next door to the hotel with members from New Brunswick, Quebec, and Ontario, we attended the Opening Reception at the hotel. Representatives from the Saskatchewan provincial government and the Saskatoon city council brought greetings and CFUW members from across the country chatted and renewed acquaintances from previous AGM's.

FRIDAY, JULY 12 After the Invocation by Mavis Moore (national president 1998 – 2000) and the singing of the National Anthem, the business meeting started bright and early on Friday morning. The keynote speaker was Dr. Vera Pezer, Past Chancellor of the University of Saskatchewan. Her speech reflected the theme of the conference and she reminded us that the many improvements in opportunities for women over the recent decades come as a result of the successes and accomplishments of those women who soared before us and on whose shoulders we now stand. An excellent and inspiring note to open the conference!

The remaining time of the morning business session was filled with the presentation and approval of reports from various committees.

In the afternoon I attended two theme sessions where the presenters spoke from about their personal experiences as women who could be considered as agents of change – leaders, groups, and institutions who can initiate positive changes towards a goal. The first session was *Women: Agents of Change in Arts/Entertainment/Media*. Jean Freeman, Canadian writer and performer (she played Fitzzy's grandma in the Canadian TV series, *Corner Gas*) and member of CFUW Regina, spoke of her experiences in the entertainment field. She told us to pay attention to the content in print and electronic media and work to change the negative message that is often

directed towards women and girls. The second speaker was Monique Martin, a multi-disciplinary artist and art educator. She feels that an agent of change should inspire people to think about things in a different yet positive way and, as an artist, she certainly fits that role.

The second session was *Women: Agents of Change in Politics*. The presenters were Jennifer Campeau, MLA, and Mairin Loewen, a Saskatoon city councillor. Both spoke about the challenges they faced as young women, especially Jennifer who is First Nations, in campaigning and getting elected to public office. The gender balance for women as successful candidates in Canada is 21.4% and lower still for aboriginal and minority groups. They also found that it took a long time to learn to be effective and to have their voice heard in their respective levels of government.

On Friday evening we all boarded buses to The Berry Barn for a social evening of food and entertainment. It was the first time I had ever eaten deep-fried steak (!) and it was yummy. But I think the mosquitoes went away even better fed than we did! Despite the aroma of Eau d'Off permeating the area, lots of arm-waving around our heads, itching and scratching the red welts marking the spots where the mosquitoes had feasted, and the sound of hands slapping flesh, we thoroughly enjoyed the dinner and entertainment before heading back to the hotel for a well-earned rest after a full and busy day.

SATURDAY, JULY 13

The Charitable Trust Breakfast was held early Saturday morning (7 a.m.!). This breakfast is a fund raiser for the Charitable Trust as well as a forum to highlight a recipient of one of the national scholarship winners. This year's speaker was Dr. Jacqui Ripat, Associate Professor in the Department of Occupational Therapy at the University of Manitoba, and the 2009 recipient of the Dr. Alice E. Wilson Award for Ph.D. Studies. Her topic was "the importance of assistive technology and environments adaption and design to support the participation and social inclusion of Canadians (including those with disabilities, those who are aging, and those who are temporarily able-bodied) and the role we play in that participation" – a very serious topic for so early in the morning!

After breakfast, the business meeting continued

through the morning with more reports and discussions, and the presentation and approval of 2 of the resolutions. Grace Hollett reported on the findings of the nation-wide membership survey. The morning ended with a Town Hall session where ideas for the format of future AGM's were presented and discussed. Proposed changes in the format and organization of CFUW AGM's and Conferences will be presented at the AGM next year in Kitchener –Waterloo.

The CFUW workshops took place on Saturday afternoon. I attended a very useful session on *Membership: Recruitment and Retention* presented by Patricia DuVal and Grace Hollett. They gave information on how to increase the visibility of the club in the community and thereby attract new members. Participants were given an opportunity to discuss the successes and challenges involved in retaining and recruiting members and to review our clubs' membership activities in terms of linking with the community, publicity, visible projects and activities in community outreach, and interest groups and committees.

The second session was *Fundraising for Scholarships*. I had the pleasure of making a presentation about our scholarship fundraising efforts through our annual book sale. Participants were given a detailed handout containing the steps involved in organizing the book sale and then there was a power point presentation of pictures of the book sale from the book blitz to the clean-up as well as a list of scholarships that we are able to give this year. The presentation was very well received with lots of questions and comments. The other presenters were Mary Partington from CFUW Ottawa who told us about their Musical Lunch and Silent Auction at the National Arts Centre and Alberta Polson from CFUW Saskatoon who explained their Planned Giving and Bequests Program.

The Federation Banquet was held on Saturday night, giving us all an opportunity to relax and socialize. Catriona LeMay Doan, two-time gold medal Olympian was the keynote speaker. She spoke about how she worked to achieve personal excellence while overcoming challenges in her Olympic career, especially following the famous fall at the 1994 Winter Olympics. She now volunteers her time with the Christian Children's

Fund of Canada which raises funds to support children in underdeveloped countries and community development in Africa.

SUNDAY, JULY 14 The business meetings continued on Sunday morning with more reports, resolutions, and awards. CFUW St. John's received two Special Awards, one for our participation in the Gower Street Lunch Program and the other for our partnership project with the RNC. After the invitation from Kitchener-Waterloo to the 2014 AGM and Conference and thanks and recognition to CFUW Saskatoon for a job well done, the AGM adjourned at noon.

OTHER HIGHLIGHTS

- All resolutions passed, including an emergency resolution on the reinstatement of the long form census. If you will remember from our March meeting, the topics of these resolutions are Cyber-Bullying, Hypersexualization of Adolescent Children, The Need for a Federal Commissioner for Canada's Children, Moving Canadians out of Poverty, and The Reduction of Dietary Sodium. These resolutions now become CFUW Policy.
- Plans are well underway for the 100th Anniversary celebrations in 2019.
- The Charitable Trust awarded \$94,000.00 in scholarships during the 2012 – 2013 academic year.
- CFUW has developed affinity programs with CARP, the Personal Insurance Company, and Expedia Cruises. Go to www.cfuw.org for details.
- Membership: Membership is down 2.5% this year and down 12% over the past 6 years. 13 small clubs have folded, mostly in the Prairie and Atlantic regions. Membership is increasing in areas with recent retirees and is declining among smaller clubs, isolated clubs, and those clubs which own and maintain houses.
- The idea for a national project was presented – details in another article in this newsletter.
- 2 CFUW Board members have been appointed to the IFUW Board. Susan Russell is now one of the VP's and Carol Hare is the Assistant Treasurer.

The 2014 AGM and Conference will be held at the Waterloo Inn in Kitchener –Waterloo, Ontario, from June 19th to the 22nd. The theme is *Our Emerging Mosaic*. Check their website for updates. www.cfuwkw.org

Barbara Clancy



UPCOMING EVENTS SEPTEMBER ~ DECEMBER

CFUW St. John's Open House and Membership Tea – Saturday, September 14th
2 pm E.B. Foran Room of City Hall

Sisters in Spirit Vigil October 4th Vigils are held across Canada to honour the lives of missing and murdered Aboriginal women and girls. Details to follow

October General Meeting Tuesday, October 8th
7:30 p.m.

Visit of Susan Murphy, CFUW National President Saturday, October 26th

Gower Street Lunch Program Project
Wednesday, October 30th 9:30 a.m. – 1:30 p.m.

Atlantic Regional Council (ARC) Meeting
October 18th – 19th, Moncton, NB

November General Meeting Tuesday,
November 12th 7:30 p.m.

Canada's National Day of Remembrance and Action on Violence Against Women (Ecole Polytechnique Vigil) December 6th

December Meeting and Dinner Tuesday,
December 10th Ramada Hotel

INTEREST GROUPS/COMMITTEES

You will be notified by your Interest Group Convenors and Committee Chairs about the dates, times, and places of your meetings over the next few months.



CFUW ST. JOHN'S OPEN HOUSE AND MEMBERSHIP TEA SATURDAY, SEPTEMBER 14 2 P.M. E.B. FORAN ROOM ST. JOHN'S CITY HALL

We will be holding our annual Open House on September 14th. The guest speaker will be Kirstie Jamieson, the Executive Director of the Food Security Network NL. If you recall from last year, Kirstie was scheduled to speak at our February meeting which was cancelled due to inclement weather. You can pay your 2013 – 2014 dues at the meeting – remember that the dues are now \$80.00 per year. The sign-up sheets for committees and interest groups will be available. There are a couple of new interest groups so be on the lookout for them – the group name will be printed in red at the top of the sheet. You are encouraged to attend and please bring a friend!

Barbara Clancy



VISIT OF CFUW NATIONAL PRESIDENT, OCTOBER 26th

Susan Murphy, national President of CFUW, will be visiting CFUW St. John's on October 26th. Susan is including us in her "Eastern Tour" where she will visit national office for meetings in Ottawa, meet with clubs in Quebec, celebrate with CFUW Wolfville during their 75th anniversary year, and then visit us here in St. John's. This is the first time in ages that a national president has visited CFUW St. John's at a time other than for a national or regional conference. We are planning a get-together on **Saturday afternoon, October 26th**, (details to follow) so Susan can meet and speak to the members of our club. ***Please make every effort to attend this event and give Susan a hearty welcome to St. John's.***

Barbara Clancy

SPECIAL INTEREST GROUPS

Alley Cats Bowling - Gillian Brown

The Alley Cats bowl twice a month and we are seeking new members. Come and join us if you are looking for a bit of exercise and a lot of fun. **No skill is necessary.** All are welcome. The organization is pretty loose – who ever turns up – bowls.

The Alley Cats meet on the first and second Wednesdays of each month. The "Cats" bowl at Plaza Bowl on Ropewalk Lane at 3:45. We bowl 2 games, which take a little more than one hour in total. Shoes can be rented for 50 cents and the cost is about \$7:00 per session.

Bowling dates for 2013 are as follows:

October 2 and 16 (there are 3 Wednesdays in October so the third one is free!)
November 6 and 20
December 4

If you are interested in bowling you may sign up at the Membership Tea, let Gillian know or just turn up. We look forward to seeing as many cats as possible on October 2!
Gillian Brown,
Top Cat



Bridge Group #1 - Pat Rahal

The Bridge 1 Group will meet on the 2nd and 4th Thursdays, with the first session on September 12th at Pat Rahal's. The fall schedule will be finalized the first week of September.



Bridge Group #2 - Karen Butt

Bridge Group II meets on the 2nd and 4th Wednesday afternoon of each month at 1:30 PM. There are 8 members who take turns hosting games at their homes. We have some spares on our list, but welcome any bridge players who would like to be added to it. This year we will begin on September 11 and finish on May 14.



Bridge Group #3 - Sharon Butler

This group meets on the first and third Wednesdays of each month from September to May. We meet at 1:30 p.m. for bridge and a light snack. We have eight members and spares are always welcome.
Our hostesses for September and October are: September 18--Sharon Butler; October 2--Marian Hayden; and October 16--Maureen Harvey.



Crafteas - Maureen Leat

Crafteas meets every second and fourth Thursday morning beginning at 10 am. In September we will be crafting at Riva McKee's on Sept. 12th and Linda Parzold's on Sept 26th. We stitch, chat and share craft ideas.



Summer Saunters- Gillian Brown

"Summer Saunters" is a relatively new Interest Group within CFUW St. John's. Members of the group meet on weekday mornings to walk the various trails available to residents of St. John's and Mount Pearl. On some days there are 10 participants and on others, as few as two. 22 members participated during the course of the summer and "sauntered" on the following trails: Kent's Pond, Mundy Pond, Long Pond, Octagon Pond, West Bank Trail in Bowring Park, Lower

Virginia River Trail and the Upper Virginia River Trail; Rennie's River Trail and the old railway bed from Bowring Park to St. John's. With such an excellent variety of trails available, there are many trails yet to try. Most saunters last from 40 – 60 minutes.

It is fair to say that the participants have enjoyed the physical activity but the walks have also provided lots of opportunity for chatting and getting to know each other better. Some people have even discovered that they hold common interests and blueberry picking parties and deck repair activities have resulted!!

As a concluding activity for the season, the Summer Saunters will participate in the annual Terry Fox Run / Walk on September 15th. In the meantime we are also considering morphing into the September Steppers so if anyone would like to join us please contact Gillian at gebrown@nf.sympatico.ca.



Women on Tap – Judith Prior /Riva Mckee

Women on Tap will be starting our fifth year of happy tapping on September 16. We will be keeping the same venue, Connie Parson's School of Dance, and the same time, Monday morning from eleven am to 12 noon. From the enthusiastic response it seems that we will have a full house again this year. Onward and upward with the old and the new !!



Art Appreciation Group – Grace Stapleton

I have agreed to continue as convener of the CFUW St. John's Art Appreciation Group for the 2013-14 year. Members who would like to join our group but did not sign up at the Membership Tea should contact me. Last year we managed to visit only three exhibits/events; I would hope to do more this year, but this depends on the exhibits that are available to us, the dates/times and (often) the weather. I ask that anyone who is aware of an exhibit opening or special art event contact

me. I try to check what is coming up, but may not always get the information.

Last year we tried to arrange our events for the morning of the last Friday of the month, so we would not conflict with meetings of other CFUW groups. This was not any more successful than the previous year, when we tried to attend whenever the exhibits were open, or curators were available. I am hoping for suggestions from the group to solve the scheduling problem. In the meantime, I will keep my eyes and ears open, and let you know what is happening.

Grace Stapleton
ges@nl.rogers.com



Did We Miss You?

CFUW national provides membership certificates for people who have been members of CFUW for 25, 40, or 50 consecutive years. A number of these certificates were given to members at the 60th anniversary celebrations (about 9 years ago) and more recently our local executive has been presenting these certificates on a yearly basis. While the executive has tried to ensure that everyone who deserves a membership certificate has received one, it is possible that we may have overlooked someone. If you know of anyone who has been missed, please contact our Membership Chair, Elsie Wells at 747-4131 or dougwells41@nl.rogers.com.

Gillian Brown



FRESH START BASKETS

At the AGM/Dinner in June, I told members about the possibility of making financial contributions to the Fresh Start Baskets and obtaining a receipt for income tax purposes. At the Executive Meeting last week, I was asked to put this note in the Newsletter for the benefit of those who were unable to attend the Meeting in June. Should you wish to make a contribution, please make your cheque payable to **IODE Sir Wilfred Grenfell**. A temporary receipt will be issued by the local Treasurer of IODE and the National Office of IODE will be informed of all contributions by the end of December. The National Office will then issue the official receipt which you can use when you file your income tax return. Please note the CFUW cannot issue these receipts as it is not a registered charity.

Meanwhile if you wish to contribute items for the baskets in the next couple of months, here is a list of the items which are in shortest supply:

- Shampoo/deodorant
- Can openers
- Oven gloves
- Mugs

Many thanks to all of you for your generous support,
Hazel Pritchett Harris



ROYAL NEWFOUNDLAND CONSTABULARY CADET GRADUATION

On Saturday, August 24th, Hazel, Grace H., Ann H., Maureen L., and I attended the Graduation Ceremony for the 2013 cadet class of the Royal Newfoundland Constabulary. It was a most impressive ceremony with the proud families and friends there to cheer on the 18 cadets. The three constables, Megan Dawe, Vanessa Sutherland, and Kimberley Oates are the first recipients of the CFUW Women in Policing Scholarships. All three are now serving in the St. John's area.

There are 16 cadets in the 2014 class (out of 300

applicants) and 7 are female!

We look forward to working with the cadets and their commanding officers in the coming year.



L – R: Barbara Clancy, President CFUW St. John's and Scholarship Committee chair; Hazel Pritchett Harris, VP CFUW St. John's and Book Sale Committee member; Constable Kimberley Oates; Grace Hollett, RD for NL and Scholarship and Book Sale Committee; Constable Vanessa Sutherland; Constable Megan Dawe; Ann Hinton, Book sale Committee; Maureen Leat, Book Sale Committee.

Barbara Clancy



News from IFUW

- The 31st IFUW Triennial Conference was held in Istanbul August 16 – 21 in Istanbul, Turkey.
- Catherine Bell of South Africa has been elected as President of IFUW for the next triennial
- CFUW received a certificate of recognition for CFUW's generosity in supporting the Bina Roy Fund on International Women's Day 2013.
- All three resolutions put forth by CFUW passed and are now IFUW policy - Resolution 8 Non-State Torture, Resolution 9 Education of Indigenous People, and Resolution 10 Prostitution of Women and Girls - the Nordic Model.

- CFUW sponsored the Afghanistan delegate to the IFUW Conference in Istanbul.
- Niger has been accepted as a new affiliate of IFUW. Niger is joined by Togo, Cambodia and the readmission of Zambia and Panama bringing the total affiliates to 61 worldwide.

Thanks to the CFUW Facebook page for up-to-date news about CFUW and IFUW.

Barbara Clancy



CFUW National Initiative: Preventing and Responding to Violence against Women and Girls

At the CFUW 2013 AGM in Saskatoon, a national initiative on **Preventing and Responding to Violence against Women and Girls** was proposed for the coming year. It is hoped that Clubs will be interested in working on some aspect of this issue within our local communities.

Gender-based violence is a persistent and pervasive issue in Canada, affecting approximately half of all women over the course of their lives. The mental, physical, social, and financial impacts of violence are devastating and cannot be ignored. Recognizing the importance of this issue, CFUW has a long history of promoting women and girls safety, and advocating for stronger national and provincial action to end violence against women.

We hope that with this national initiative, CFUW can be a part of providing increased support to women and children who experience all forms of violence, help ensure that their voices are heard, and let them know that they have friends and supporters across Canada. Our collective efforts can help raise public awareness about gender-based violence, improve support and prevention, and put pressure on all levels of government to take stronger action. We also believe that a

national project will give CFUW greater visibility and help increase our media presence.

Here are some statistics which may interest you:

- In just one year, 427,000 women over the age of 15 reported they had been sexually assaulted in Canada. Since only about 10% of all sexual assaults are reported to the police, the actual number is much higher
- On average, every six days a woman in Canada is killed by her intimate partner. In 2009, 67 women were murdered by a current or former spouse or boyfriend
- On any given day in Canada, more than 3,000 women (along with their 2,500 children) are living in an emergency shelter to escape domestic violence
- About 80% of sex trafficking victims in Canada are women and girls

From: *CFUW News: News and Information for Clubs, August 13, 2013*

As part of our involvement in this national project, there will be an article about the issue of violence against women and girls in each newsletter this year and links to other appropriate information will be sent out regularly by email. If you are interested in helping to plan and implement our club's part in this national initiative, *please sign up for the Issues and Resolutions Committee* at the Open House on Saturday, September 14th, or contact the committee chair, Gillian Brown.

Barbara Clancy



(Editor's Note: The following article from Barbara expands on this project)



CFUW National Initiative: Preventing and Responding to Violence against Women and Girls

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Clubs will be interested in working on some aspect of this issue within your local communities. The idea of a ‘national project’ has been suggested a number of times by Clubs who believe that a ‘national project’ will give CFUW some visibility and help increase our media presence.

Gender-based violence is a persistent and pervasive issue in Canada, affecting approximately half of all women over the course of their lives. The mental, physical, social, and financial impacts of violence are devastating and cannot be ignored.

Recognizing the importance of this issue, CFUW has a long history of promoting women and girls safety, and advocating for stronger national and provincial action to end violence against women, including intimate partner violence, sexual assault, non-state actor torture, human trafficking and prostitution. We have numerous policies on these issues, which can be found under “violence and exploitation” in the CFUW Policy Book (The Policy Book can be found on the website www.cfuw.org in the Advocacy Section – subsection Policy Book). Most recently, CFUW National has been advocating for a comprehensive national action plan/strategy to end violence against women and girls, and has been a strong supporter of aboriginal women as they lobby for action on missing and murdered aboriginal women.

We hope that with this national initiative, CFUW can be a part of providing increased support to women and children who experience all forms of violence, help ensure that their voices are heard, and let them know that they have friends and supporters across Canada. Our collective efforts can help raise public awareness about gender-based violence, improve support and prevention, and put pressure on all levels of government to take stronger action.

We hope that Clubs will take up this national initiative, and understand that each Club will make its own decision on what, if anything, is possible for your Club and suitable in your community. What follows is a list of suggested activities to think about, and more details about the implementation of the initiative. You will also find enclosed more background information on violence against women and girls.

What Can Clubs Do?

- As a first step, if you are not already aware of potential community initiatives, you may want to do a little research about what organizations, resources and programs exist in your community to support women and girls who experience violence and/or that are dedicated to violence prevention. We know many of the Clubs already have projects or partnerships in this area. Some examples of places you may look for local resources include:

- o Women’s shelters
- o Sexual assault and rape crisis centres
- o Organizations that work with men and boys to prevent violence
- o Organizations that work with prostituted and trafficked women
- o Coalitions of groups dedicated to ending violence against women and girls, which some communities have.
- o Aboriginal (First Nations, Metis and Inuit) organizations, like Friendship Centres – may have violence prevention programs, and support programs for women who have experienced violence. Depending on the size and demographics of your local community there may be organizations/groups specifically working with Aboriginal women.
- o Local YWCA/YMCA offer sheltering services and support programs
- o Your local Canadian Red Cross branch: the Red Cross offers violence, bullying and abuse prevention programs :
<http://www.redcross.ca/what-we-do/violence-bullying-and-abuse-prevention>

Possible Activities:

- Support local women’s shelters and sexual assault/rape crisis centres (e.g. raise funds, provide volunteer support; talk with staff to find out how your Club can help).
- Support and/or partner with organizations/groups that work to end violence against women, e.g. join a local coalition dedicated to preventing and responding to VAW, in Ottawa for example there is an organization called “Ottawa Coalition to End Violence against Women”.

If a coalition does not exist, why not consider starting one?

- Ally with local First Nations, Metis and Inuit women's groups. For example, you could support/participate in an October 4th *Sisters in Spirit Vigil*, and raise funds to support programs for aboriginal women
- Support educational programs in your community geared towards violence prevention (e.g. programs for men and boys, promoting health relationships, anti-bullying, etc.)
- Host a panel discussion/public forum on violence against women and girls
- Host a film screening to raise public awareness about gender based violence. Please see a list of resources here.
- Organize a letter writing campaign to local politicians highlighting the impacts of VAW and calling for more coherent/comprehensive public policy and funding regimes to respond and prevent violence. A template is currently being created and will be available on the website soon.
- Participate in a Take Back the Night Event or organize one yourself
- Support the YWCA Rose Campaign, leading up to, and during December 6th: ---see www.rosecampaign.ca to send an email your MP
- Wear the Rose button
- Order Rose buttons for resale to support your local women's shelter and support services centre
- Raise funds for Canadian Women's Foundation. CWF administers funds to programs that prevent violence against women and girls and seek to end human trafficking.

Your Club Newsletter and Website:

- We invite you to increase the visibility of this issue among your members by including a fact or statistic about violence against women once a month in your Club newsletter, on your website and Facebook page if you have one. An example would be: Did you know... that about 80% of sex trafficking victims in Canada are women and girls?
- Each month, CFUW National will put up a different fact or statistic on the public website, in Week in Review, News & Updates and on Facebook. Clubs are welcome to use that one or one their own.

Details on Implementation:

- It is the prerogative of each Club whether or not it decides to participate in this national initiative and if it does, what activity they decide to undertake. A Club may decide to participate by

posting a statistic or fact on their website each month and that is fine. Our goal is to be able to publicise the breadth of these projects.

- Clubs who decide to participate are asked to send the title and a brief description of their project (no more than 50 words) to the following email address: vision@fcfdu.org by November 1, 2013.
- In order to publicise the national scope of our project, we would like a report on your results and outcomes (no more than 500 words)- to be sent to the email address: vision@fcfdu.org by April 15, 2014 so the information may be collated and a press release prepared for distribution at the next AGM. The information to be included is: Name of Initiative; Club name; Description of project; how the project raised CFUW's Visibility in your community and the number of people affected by the project.

Barbara Clancy



Thank you to all who contributed to this newsletter. The next newsletter will be published in December. The deadline for receipt of items to be included is December 1, 2013.

Please send your items to Daphne Lilly. (dlillyisla@gmail.com)



If you like drinking tea or coffee at the meetings, please remember to bring your mug to all meetings at MUN.

*This Edition of
the CFUW St. John's Newsletter
was edited by
Daphne Lilly
with thanks to Jean Marks
for Printing and Mailing*